Dreams

Tyra Banks

Dream: Reportedly has recurring dreams since the age of 12 of whales and dolphins bumping into her legs while she is in a pool – causing Tyra to have a fear of fish in real life.

Analysis: Those water-dwelling critters are nothing to be afraid of. They symbolize the creative ideas that thrive in your “creative pool,” and when they bump your legs, they’re simply trying to get you to “move forward” with another one of your fabulous ideas!

Mariah Carey

Dream: Reportedly has had recurring dreams of losing her purse.

Analysis: Mariah may have a wee bit of an identity issue. Losing your purse in a dream shows anxiety over losing your identity (the purse is where you keep your ID), not being able to locate the “real you.” Mariah has admitted to struggling with her identity due to being biracial.

Halle Berry

Dream: Berry revealed in 2004: “For most of my life, I’ve dreamed that while I’m talking, my teeth start flying out of my mouth and I run across the room trying to catch them.”

Analysis: Halle’s dream indicates that she may be a card-carrying member of the “oops, wish I hadn’t said that” club. Teeth in dreams often symbolize words, and if they fall or fly out of your mouth, then you’re probably saying things that should remain fixed in your mouth permanently.

Gwyneth Paltrow

Dream: Gwyneth revealed in 2004: “I’m in this California kind of Victorian beach house, and it’s moving down a river. And I don’t know how to get out of the house. I have that dream a lot.”

Analysis: Houses in dreams symbolize your personality “construct,” so Gwyneth’s Victorian dream house indicates she’s an “old soul” with some old-fashioned beliefs. And water in dreams often reflects emotions. Gwyneth seems to get overwhelmed and “carried away” with her.

Madonna

Dream: Reportedly has had recurring dreams of being harassed by a knife-wielding dwarf.

Analysis: She’s a BIG celebrity, but despite all her accomplishments and oodles of fans, she’ll focus on any criticism, and will allow one “cutting” remark, symbolized by the knife, to bring her “down to size.”

Christina Aguilera

Dream: Has dreamed that she and a “princess” are being chased through a castle by a king’s bodyguard, who eventually catches them. “He beats them up bad. He kills them both. Then the king sees what happened and is devastated and heartbroken.”

Analysis: This dream may indicate that Christina felt lost in her childhood while living with an abusive father (the king), as her mom reportedly told the press.

Tyra Banks

Dream analyst: Lauri Quinn Loewenberg (thedreamzone.com) – who has not worked directly with these stars – analyzes the nocturnal visions of some top celebrities. 

CELEBRITY

When the lights go out, the frights come on for these superstars!

Hey say money can’t buy happiness, or restful sleep for that matter – and they’re right. Even millionaire movie idols, recording stars and supermodels are subject to the same weird dreams as any man or woman on the street. Here, dream analyst and syndicated columnist Lauri Quinn Loewenberg (thedreamzone.com) – who has not worked directly with these stars – analyzes the nocturnal visions of some top celebrities.